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IN THE UNITED STATES PATENT AND TRADEMARK OFFICE

Applicant: Stearns & Maresh  
Filed: 01/15/02  
Title: EXERCISE METHODS AND APPARATUS

A continuation of:

Applicant: Stearns & Maresh Art Unit: 3764  
Serial No.: 09/510,029 Examiner: Crow  
Filed: 10/03/00

Certificate of Mailing

I hereby certify that this Transmittal Sheet and the items identified herein are being sent via Express Mail No. ET952294295US, to Box Patent Application, U.S. Patent and Trademark Office, P.O. Box 2327, Arlington, VA, 22202, on this 15th day of January, 2002.

MAKUL  
Mark A. Krull

Box Patent Application  
U.S. Patent and Trademark Office  
P.O. Box 2327  
Arlington, VA 22202

Dear Sir:

TRANSMITTAL SHEET

The following items are enclosed:

1. Patent Application (a continuation of Ser. No. 09/510,029)
2. Return post card

Respectfully submitted,

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